
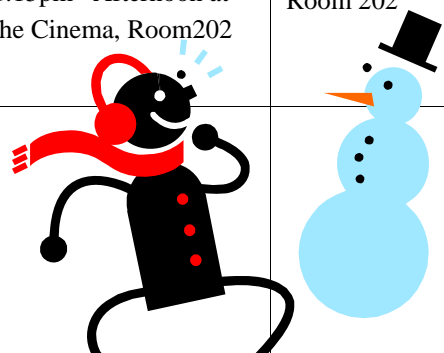




AgeWell's Independent Adult Services Department January 2012 Program Calendar



	Mon	Tue	Wed	Thu	Fri
<i>Our office hours, 9am-5pm, M-F, Phone: 412-521-8011 Ext. 278</i>	2 JCC Closed (In Observance of New Year's Day)	3 1:15pm-Creative Arts Club, Room 202	4 1:15pm- Afternoon at the Cinema, Room202	5 1:15pm-Wii Dancing!!! Room 202	6 10:30am Current Events Class Room 156 in Robinson Bldg.
J Cafe Hours: M-F: 11 am-1 pm LUNCH RESERVATION LINE: 412-521-8011 Ext. 111	9 1:30pm- !!!! Informational meeting about Property Assessment Appeals process, Levinson	10 1:15pm- Book Review with Helen-Faye Rosenblum, Room 202	11 10:30-11:30am- Blood Pressure Screening 1:15pm- Afternoon at the Cinema, Room202	12 1:15pm-Wii Dancing!!! Room 202	13 10:30am Current Events Class with Rabbi Barbara Symons Room 156 in Robinson Bldg.
J Cafe is supervised by the Vaad Menu available online: www.jccpgh.org	16 1:15-2:15pm- Seminar with Dr. Caplan, Room 202	17 1:15pm- NEW! LiveWell Workshop Series presents GOURMET WEIGHTWISE (fee)	18 1:15pm- Afternoon at the Cinema, Room202	19 1:15pm-Wii Dancing!!! Room 202	20 10:30am Current Events Class Room 156 in Robinson Bldg.
Call no later than 10 am the day of the requested reservation	23 1:15-2:15pm- Allegheny County Presents Traffic Safety, Levinson	24 1:15pm-Creative Arts Club, Room 202 *Brain Builders Club begins at JF&CS. Info call 412-904-5960 (fee)	25 10:30-11:30am- Blood Pressure Screening 1:15pm- Afternoon at the Cinema, Room202	26 1:15pm-Book Club Meeting, Room 202	27 10:30am Current Events Class Room 156 in Robinson Bldg.
	30 1:15-2:15pm- Ask Dr. Fox Levinson	31 1:15pm- NEW! LiveWell Workshop Series presents GOURMET WEIGHTWISE (fee)			**Brain Builders Club begins 1/24 at JF&CS. For more information, call 412-904-5960 (fee)

Ongoing Classes

Tuesdays:

- 10am-Hebrew Literature w/ Dave Dinkin
- 10am-Yiddish Conversation w/ Mary Marks Room 202

Wednesdays:

- 9-9:45am- Strong Seniors - NEW TIME!
- 1-1:45pm- T'ai Chi Dance Studio (Fee)
- 1:45-2:30pm -T'ai Chi Drop-in class

\$1 suggested donation
Dance Studio

Thursdays:

- 10am- Choral Group Room 202

Fridays:

- 10:30-11:30am-Current Events Class, Room 156 in Robinson Building



December 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i>
<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>
<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>
<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>
<i>30</i>	<i>31</i>					

