

South Hills JCC Gym Schedule

| Time | Side A (Far Side) | Side B (Office Side) | Time | Side A (Far Side) | Side B (Office Side) |
|-------------------------------|---|-------------------------------|------------------|---------------------------------|-----------------------------|
| Sunday | | | Wednesday | | |
| 8:00-10:00 am | Men's Over 30 Basketball Pick-up | | 5:30-8:00 am | <i>Open Gym</i> | |
| 10:30-11:30 am | Group Power | <i>Open Gym</i> | 8:00-9:00 am | Group Power | <i>Open Gym</i> |
| 11:30-12:30 pm | Zumba | <i>Open Gym</i> | 9:00-9:30 am | <i>Open Gym</i> | ECDC Free Play |
| 12:30-6:00 pm | <i>Open Gym</i> | | 9:30-10:30 am | Group Power | Lt Sqts/ECDC Free Play |
| Monday | | | 10:30-12:00 pm | ECDC Special Gym | ECDC Free Play |
| 5:30-8:00 am | <i>Open Gym</i> | | 12:30-1:30 pm | ECDC Special Gym | ECDC Free Play |
| 8:00-9:00 am | Group Power | <i>Open Gym</i> | 2:00-3:00 pm | Basketball Stars | ECDC Free Play |
| 9:00-9:30 am | <i>Open Gym</i> | ECDC Free Play | 3:00-3:30 pm | Little Dribblers | ECDC Free Play |
| 9:30-10:30 am | Group Power | ECDC Free Play | 3:30-4:00 pm | <i>Open Gym</i> | ECDC Free Play |
| 10:30-11:00 am | ECDC Special Gym | ECDC Free Play | 4:00-6:00 pm | Just Play BB Clinic | ECDC Free Play until 4:30 p |
| 11:00-11:30 am | Mini Squirts | ECDC Free Play | 6:00-8:00 pm | <i>Open Gym</i> | |
| 11:30-12:00 pm | <i>Open Gym</i> | ECDC Free Play | 8:00-9:30 pm | Men's Basketball Pick-up | |
| 2:00-3:00 pm | Super Squirts | ECDC Free Play | Thursday | | |
| 3:00-4:00 pm | Giant Squirts | ECDC Free Play | 5:30-9:00 am | <i>Open Gym</i> | |
| 4:30-5:30 pm | <i>Open Gym</i> | | 9:00-10:30 am | <i>Open Gym</i> | ECDC Free Play |
| 5:30-9:30 pm | Men's Basketball League Starting November 28th | | 10:30-11:30 am | ECDC Special Gym | ECDC Free Play |
| Tuesday | | | 11:30-3:30 pm | <i>Open Gym</i> | ECDC Free Play |
| 5:30-9:00 am | <i>Open Gym</i> | | 3:30-4:00 pm | Little Rackets Tennis | ECDC Free Play |
| 9:00-9:30 am | <i>Open Gym</i> | ECDC Free Play | 4:00-4:30 pm | <i>Open Gym</i> | ECDC Free Play |
| 9:30-10:00 am | ECDC Special Gym | ECDC Free Play | 4:30-7:00 pm | <i>Open Gym</i> | |
| 10:00-10:30 am | <i>Open Gym</i> | ECDC Free Play | 7:00-8:00 pm | Group Kick | <i>Open Gym</i> |
| 10:30-12:00 pm | ECDC Special Gym | ECDC Free Play | 8:00-9:30 pm | <i>Open Gym</i> | |
| 12:00-2:00 pm | <i>Open Gym</i> | ECDC Free Play | Friday | | |
| 2:00-3:00 pm | Big Rackets | ECDC Free Play | 5:30-9:00 am | <i>Open Gym</i> | |
| 3:00-4:30 pm | <i>Open Gym</i> | ECDC Free Play | 9:00-10:30 am | ECDC Special Gym | ECDC Free Play |
| 4:30-6:00 pm | <i>Open Gym</i> | | 10:30-11:00 am | <i>Open Gym</i> | ECDC Free Play |
| 6:00-7:00 pm | Zumba | Just Play BB Clinic: ages 4-6 | 11:00-2:00 pm | ECDC Special Gym | ECDC Free Play |
| 7:00-8:00 pm | Group Kick | <i>Open Gym</i> | 2:00-3:00 pm | <i>Open Gym</i> | ECDC Free Play |
| 8:00 -9:30 pm | <i>Open Gym</i> | | 3:00-4:00 pm | Floor Hockey | ECDC Free Play |
| November-December 2011 | | | 4:00-5:00 pm | Tennis K-3 | ECDC Free Play |
| | | | 5:00-6:00 pm | <i>Open Gym</i> | |
| | | | Saturday | | |
| | | | 8:00-6:00 pm | <i>Open Gym</i> | |



Please contact Chris Gilbert
at 412-278-1975 ext.262
with any scheduling questions