

# JCC LAP POOL SCHEDULE

MAY 31-SEPTEMBER 6, 2010

## SUNDAY

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7:45 am-	Noon	All Lanes Open	
Noon-	1:00 pm	Swim Lessons (2)	Open Lanes (5)
1:00 pm-	4:00 pm	All Lanes Open	
4:00 pm-	5:00 pm	Female Only Swim	
5:00 pm-	6:00 pm	Male Only Swim	

## MONDAY

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5:45 am-	9:45 am	All Lanes Open	
9:45 am-	10:30 am	Water Aerobics (2)	Open Lanes (5)
10:30 am-	5:00 pm	All Lanes Open	
5:00 pm-	6:00 pm	Swim Lessons (2)	Open Lanes (5)
6:00 pm-	9:30 pm	All Lanes Open	

## TUESDAY

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5:45 am-	8:30 pm	All Lanes Open	
8:30 pm-	9:30 pm	Male Only Swim	

## WEDNESDAY

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5:45 am-	9:45 am	All Lanes Open	
9:45 am-	10:30 am	Water Aerobics (2)	Open Lanes (5)
10:30 am-	8:30 pm	All Lanes Open	
8:30 pm-	9:30 pm	Female Only Swim	

## THURSDAY

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5:45 am-	9:30 pm	All Lanes Open	
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## FRIDAY

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5:45 am-	9:45 am	All Lanes Open	
9:45 am-	10:30 am	Water Aerobics (2)	Open Lanes (5)
10:30 am--	6:00 pm	All Lanes Open	

## SATURDAY

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1:00 pm-	6:00 pm	All Lanes Open	
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**PLEASE NOTE: LAP POOL WILL BE CLOSED WEDNESDAY, JUNE 2 FROM 4:15-5 PM**

## HOLIDAY HOURS

Monday, May 31	8 am-2 pm
Tuesday, May 18	6 pm
Wednesday, May 19	closed
Thursday, May 20	closed
Sunday, July 4	8 am-2 pm
Monday, July 5	8 am-2 pm
Monday, September 6	8 am-2 pm



# SMALL POOL SCHEDULE

MAY 31-SEPTEMBER 6, 2010

## SUNDAY

7:45 am-	9:00 am	OPEN SWIM	
9:00 am-	Noon	<b>Closed for Swim Lessons</b>	
Noon-	2:15 pm	OPEN SWIM	
2:15 pm-	3:15 pm	Birthday Parties	OPEN SWIM
3:15 pm-	4:00 pm	OPEN SWIM	
4:00 pm-	5:00 pm	FEMALE SWIM	
5:00 pm-	6:00 pm	MALE SWIM	

## MONDAY

5:45 am-	9:00 am	OPEN SWIM	
9:00 am-	9:45 am	Senior Adult Water Exercise	OPEN SWIM
9:45 am-	10:30 am	Preschool Camp	OPEN SWIM
10:30 am-	11:30 am	Water Walking	OPEN SWIM
11:30 am-	Noon	Preschool Camp	OPEN SWIM
Noon-	1:00 pm	Arthritis Exercise	OPEN SWIM
1:00 pm-	3:00 pm	OPEN SWIM	
3:00 pm-	4:00 pm	Swim Lessons	OPEN SWIM
4:00 pm-	6:00 pm	OPEN SWIM	
6:00 pm-	8:00 pm	<b>Closed for Swim Lessons</b>	
8:00 pm-	9:30 pm	OPEN SWIM	

## TUESDAY

5:45 am-	8:00 am	OPEN SWIM	
8:00 am-	9:00 am	Water Walking	OPEN SWIM
9:00 am-	9:30 am	OPEN SWIM	OPEN SWIM
9:30 am-	10:45 am	Preschool Camp	OPEN SWIM
10:45 am-	11:30 am	Senior Adult Water Exercise	
11:30 am-	Noon	Preschool Camp	OPEN SWIM
Noon-	12:30 pm	Swim Lessons	OPEN SWIM
12:30 pm-	8:30 pm	OPEN SWIM	
8:30 pm-	9:30 pm	MALE SWIM	

- Performing Arts Camp will use the small pool June 21-July 6 from 1-2 pm
- Specialty Camps will use the small pool July 19-August 13 from 2-3 pm
- Mondays, June 7 and June 14, the small pool will be closed from 4-5 pm
- Wednesdays, June 2 and June 9, the small pool will be closed from 4-5 pm and 6-7:30 pm

## WEDNESDAY

5:45 am-	9:00 am	OPEN SWIM	
9:00 am-	9:45 am	Senior Adult Water Exercise	OPEN SWIM
9:45 am-	10:30 am	Preschool Camp	OPEN SWIM
10:30 am-	11:30 am	Water Walking	OPEN SWIM
11:30 am-	Noon	Preschool Camp	OPEN SWIM
Noon-	1:00 pm	Arthritis Exercise	OPEN SWIM
1:00 pm-	8:30 pm	OPEN SWIM	
8:30 pm-	9:30 pm	FEMALE SWIM	

## THURSDAY

5:45 am-	8:00 am	OPEN SWIM	
8:00 am-	9:00 am	Water Walking	OPEN SWIM
9:00 am-	9:30 am	OPEN SWIM	OPEN SWIM
9:30 am-	10:45 am	Preschool Camp	OPEN SWIM
10:45 am-	11:30 am	Senior Adult Water Exercise	
11:30 am-	Noon	Preschool Camp	OPEN SWIM
Noon	12:30 pm	Swim Lessons	Open Swim
12:30 pm-	5:00 pm	OPEN SWIM	
5:00 pm-	6:00 pm	<b>Closed for Swim Lessons</b>	
6:00 pm-	9:30 pm	OPEN SWIM	

## FRIDAY

5:45 am-	9:00 am	OPEN SWIM	
9:00 am-	9:45 am	Senior Adult Water Exercise	OPEN SWIM
9:45 am-	10:30 am	OPEN SWIM	
10:30 am-	11:30 am	Water Walking	OPEN SWIM
11:30 am-	Noon	Preschool Camp	OPEN SWIM
Noon-	1:00 pm	Arthritis Exercise	
1:00 pm-	6:00 pm	OPEN SWIM	

## SATURDAY

1:00 pm-	2:15 pm	OPEN SWIM	
2:15 pm-	3:15 pm	Birthday Parties	OPEN SWIM
3:15 pm-	6:00 pm	OPEN SWIM	

